



## COVID-19 Guidance & Clinical Procedures

*Last Updated: March 9, 2021*

Dear Current and Future Clients:

**Please consider this communication as an update to our Health & Safety Policy, in accordance with Harris County guidance and orders**, which are still in effect per my review of the Ready Harris County website as of the date of this communication. This update is especially important given the Governor's recent [Executive Order](#), rescinding the state-wide mask requirement and allowing full capacity for businesses effective 3/10/2021.

Please be advised that we are still at [Threat Level 1 \(severe\)](#) as of the date of this writing. **Given the persistently elevated risk level, we will maintain the previous policy and offer all services via tele-health.** I will continue to monitor public health sites regularly for updates on the risk level. Should we transition back to optional in-office services in the future, I intend to fully comply with reopening guidance and policies outlined by Harris County. Given the flexibility in allowing businesses to set protocols that they deem most appropriate, I also intend to mandate face coverings/masks for all face-to-face services, should we return to in-office care in the future.

Of note, **all insurance plans with whom I contract continue to extended tele-behavioral health coverage as the pandemic persists.** Patient responsibility fees (i.e., copay or coinsurance) may vary. Please consult your health insurance provider for details.

As always, please continue to [exercise all precautions to avoid COVID-19 infection](#), especially if you are a member of a vulnerable population. Consider [signing up for the vaccine](#) if it interests you. Consider [regular testing](#) if you prefer a lifestyle that might put you more at risk or want to be considerate about the potential of unknowingly exposing others. Take EXCELLENT care of yourself, and each other.

Be Well,

~Dr. Andrews