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The use of this site and/or social media pages does not imply nor establish any type of professional, therapist-client relationship. This includes leaving "comments" on social media pages in which public commenting is enabled. This also includes submitting information via email or the site's contact form. A professional therapeutic relationship is not established until all informed consent and intake paperwork is submitted and the intake psychotherapy session is completed. A professional relationship for other purposes (i.e., assessment, consultation, etc.) is not established until relevant consents have been completed.

Should you choose to email and contact me via the site's contact form, you do so at your own privacy risk. As no therapeutic relationship has been established, the information you provide via the site and media page is not privileged or confidential. I cannot guarantee the security of email and contact form communications, as they are not encrypted by their servicer. It is advised that more sensitive information be communicated via phone call. Established patients send sensitive information via the secure patient portal.

As neither the website, media, nor email are manned 24/7, neither venue is intended for use for any urgent or emergent issues. If you are experiencing a medical or mental health emergency, you should call your medical provider, 911, or go to an emergency room immediately.